

## **COLEBRIDGE TABLE TENNIS CLUB**

### **Health and Safety Policy Statement**

"Colebridge Table Tennis Club is strongly committed to encouraging our members to take part, but the health, well-being and safety of everyone is always our paramount concern. We recommend levels of training dependent on age and ability and expect our junior athletes to participate within these boundaries."

### **Health and Safety Policy**

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

#### **As a club member you have a duty to:**

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

**Colebridge Health and Safety Officer:**

TBC

**First Aid:**

Location of first aid facilities:

First Aid Kit: Kitchen cupboard

Defibrillator: Main room cupboard (positioned on the wall)

Location of telephones:

Mobile phone in the defibrillator cupboard

**Qualified First Aiders:**

1. Craig Allen
2. Ian Ferguson
3. Kate Hughes
4. Ian Scott